



Associação de Atletismo de Braga

Triatlo Técnico Jovem + Provas Extra

13-01-2007

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Triatlo - Infantis

Fem

Classf.	Nome / Dorsal / Clube	Categ/ Ano Nasc.	Total de Pontos	Lançamento Peso-2Kg	60 M Barr.Inf.M/F- 76	Salto em Comprimento
1 ^a	Marlene Chaves 158 PALME	INF 1994	1.146	409 8,15 + 2,0	436 1 1,64 + 2,0	301 3,97 + 2,0
2 ^a	Ana Filipa Silva 123 SCB	INF 1994	1.005	369 7,53 + 2,0	328 1 2,41 + 2,0	308 4,00 + 2,0
3 ^a	Ana Martins 121 SCB	INF 1994	959	422 8,35 + 2,0	306 1 2,58 + 2,0	231 3,65 + 2,0
4 ^a	Daniela Santos 122 SCB	INF 1994	782	310 6,61 + 2,0	256 1 2,99 + 2,0	216 3,58 + 2,0
5 ^a	Margarida Ferreira 159 PALME	INF 1994	661	472 9,12 + 2,0	28 1 5,79 + 2,0	161 3,30 + 2,0
6 ^a	Rita Silva 146 CCDR	INF 1995	631	159 4,21 + 2,0	270 1 2,87 + 2,0	202 3,51 + 2,0
7 ^a	Filipa Vinhas 160 PALME	INF 1994	552	283 6,19 + 2,0	121 1 4,33 + 2,0	148 3,23 + 2,0
8 ^a	Celeste Silva 195 PALME	INF 1995	524	259 5,80 + 2,0	83 1 4,83 + 2,0	182 3,41 + 2,0
9 ^a	Daniela Araujo 142 EDMII	INF 1994	437	173 4,44 + 2,0	164 1 3,85 + 2,0	100 2,96 + 2,0
10 ^a	Elsa Cruz 145 CCDR	BEN-A 1997	416	259 5,81 + 2,0	18 1 6,03 + 2,0	139 3,18 + 2,0
11 ^a	Sandra Ferreira 147 CCDR	INF 1995	396	168 4,35 + 2,0	112 1 4,44 + 2,0	116 3,05 + 2,0
12 ^a	Ana Torres 143 CCDR	INF 1995	350	234 5,41 + 2,0	0 1 7,00 + 2,0	116 3,05 + 2,0
13 ^a	Ana Santos 144 CCDR	INF 1994	290	238 5,47 + 2,0	0 2 6,33 + 2,0	52 2,64 + 2,0



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BRAGA



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Triatlo - Infantis

Masc

Classf.	Nome / Dorsal / Clube	Categ/ Ano Nasc.	Total de Pontos	60 M Barr.Inf.M/F- 76	Lançamento Peso-3Kg	Salto em Comprimento
1°	Vitor Faria 154 PRADO	INF 1994	852	321 1 1,31 + 2,0	304 6,94 + 2,0	227 4,13 + 2,0
2°	João P. Simões 140 EDMII	INF 1994	814	369 1 0,99 + 2,0	281 6,56 + 2,0	164 3,73 + 2,0
3°	João Gomes 141 EDMII	INF 1994	672	228 1 1,99 + 2,0	277 6,48 + 2,0	167 3,75 + 2,0
4°	João Palha 161 PALME	INF 1994	556	150 1 2,68 + 2,0	227 5,63 + 2,0	179 3,83 + 2,0
5°	João Paulo 177 EDMII	INF 1995	538	207 1 2,16 + 2,0	202 5,20 + 2,0	129 3,49 + 2,0
6°	Francisco Alves 178 EDMII	INF 1995	329	64 1 3,68 + 2,0	149 4,27 + 2,0	116 3,40 + 2,0
7°	Guilherme Fernandes 179 MOURE	INF 1995	256	45 1 3,98 + 2,0	168 4,60 + 2,0	43 2,79 + 2,0
8°	Bruno Rodrigues 184 MOURE	BEN-A 1996	185	0 2 1,00 + 2,0	124 3,83 + 2,0	61 2,96 + 2,0
9°	Fábio Cunha 180 MOURE	BEN-A 1997	160	0 1 5,31 + 2,0	154 4,35 + 2,0	6 2,35 + 2,0
10°	Albim Rocha 181 MOURE	BEN-A 1996	94	0	81 3,05 + 2,0	13 2,45 + 2,0
11°	Pedro Lopes 183 MOURE	INF 1995	79	0 1 9,21 + 2,0	73 2,91 + 2,0	6 2,35 + 2,0
12°	Luis Lopes 182 MOURE	BEN-A 1996	74	0 1 7,79 + 2,0	55 2,58 + 2,0	19 2,53 + 2,0

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Triatlo - Iniciados

Masc

Classf.	Nome / Dorsal / Clube	Categ/ Ano Nasc.	Total de Pontos	60 M Barr. Ini. Mas- 84	Salto em Comprimento	Lançamento Peso-4Kg
1°	Luis Vinhas 124 SCB	INI 1992	1.785	621 9,59 + 2,0	487 5,53 + 2,0	677 13,16 + 2,0
2°	André Araujo 126 SCB	INI 1993	1.157	445 1 0,53 + 2,0	378 4,98 + 2,0	334 7,46 + 2,0
3°	Bruno Giesteira 157 PRADO	INI 1993	1.024	337 1 1,20 + 2,0	321 4,67 + 2,0	366 8,00 + 2,0
4°	Diogo Miranda 152 CC DR	INI 1992	880	295 1 1,49 + 2,0	294 4,52 + 2,0	291 6,73 + 2,0
5°	Diogo Pereira 168 AC RASX	INI 1993	875	212 1 2,12 + 2,0	278 4,43 + 2,0	385 8,31 + 2,0
6°	Marco Campos 138 ED MII	INI 1993	832	170 1 2,49 + 2,0	191 3,91 + 2,0	471 9,76 + 2,0
7°	Marco Cunha 187 MOURE	INI 1992	798	336 1 1,21 + 2,0	220 4,09 + 2,0	242 5,88 + 2,0
8°	Flavio Ferreira 151 CC DR	INI 1992	766	241 1 1,89 + 2,0	244 4,23 + 2,0	281 6,56 + 2,0
9°	Hélder Ferreira 175 ED MII	INI 1993	758	237 1 1,92 + 2,0	184 3,86 + 2,0	337 7,50 + 2,0
10°	Iuri Costa 166 EP GS	INI 1993	757	175 1 2,44 + 2,0	245 4,24 + 2,0	337 7,51 + 2,0
11°	Filipe Silva 176 ED MII	INI 1992	754	215 1 2,10 + 2,0	193 3,92 + 2,0	346 7,66 + 2,0
12°	Airton Ferreira 185 MOURE	INI 1993	678	251 1 1,81 + 2,0	162 3,72 + 2,0	265 6,28 + 2,0
13°	André Santos 196 CC DR	INI 1992	657	158 1 2,60 + 2,0	136 3,54 + 2,0	363 7,94 + 2,0
14°	Elder Pereira 186 MOURE	INI 1992	237	100 1 3,21 + 2,0	137 3,55 + 2,0	0

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Triatlo - Juvenis

Fem

Classf.	Nome / Dorsal / Clube	Categ/ Ano Nasc.	Total de Pontos	Salto em Altura	60 M Barr. Juv. Fem -76	Lançamento Peso-3Kg
1 ^a	Joana Araujo 129 SCB	JUV 1990	1.605	481 1,37 + 2,0	607 1 0,58 + 2,0	517 9,81 + 2,0
2 ^a	Ana Borges 133 SCB	JUV 1990	1.521	481 1,37 + 2,0	499 1 1,23 + 2,0	541 10,17 + 2,0
3 ^a	Manuela Barbosa 131 SCB	JUV 1991	1.292	399 1,29 + 2,0	512 1 1,15 + 2,0	381 7,71 + 2,0
4 ^a	Cristiana Cunha 193 MOURE	JUV 1991	521	284 1,17 + 2,0	237 1 3,15 + 2,0	0

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Triatlo - Juvenis

Masc

Classf.	Nome / Dorsal / Clube	Categ/ Ano Nasc.	Total de Pontos	60 M Barr.Juv.Mas -91	Lançamento Peso-5Kg	Salto em Altura
1º	Adriano Lopes 128 SCB	JUV 1991	1.683	664 9,38 + 2,0	645 12,63 + 2,0	374 1,48 + 2,0
2º	Miguel Montês 136 SCB	JUV 1991	1.670	549 9,96 + 2,0	528 10,71 + 2,0	593 1,76 + 2,0
3º	Renato Vieira 137 SCB	JUV 1991	1.415	587 9,76 + 2,0	394 8,47 + 2,0	434 1,56 + 2,0
4º	Gonçalo Rodrigues 135 SCB	JUV 1991	1.290	410 1 0,74 + 2,0	384 8,29 + 2,0	496 1,64 + 2,0
5º	Pedro Carmo 134 SCB	JUV 1991	1.042	166 1 2,52 + 2,0	442 9,27 + 2,0	434 1,56 + 2,0
6º	Hélder Coutinho 169 ACRASX	JUV 1991	1.034	357 1 1,07 + 2,0	360 7,89 + 2,0	317 1,40 + 2,0
7º	Manuel Costa 194 MOURE	JUV 1990	623	251 1 1,81 + 2,0	372 8,10 + 2,0	0

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